

## **Rokyu (Yellow Belt, 6<sup>th</sup> kyu)** - 2 months in-grade

Needed to know:

1. Judo Grips
2. Uchi Komi (fitting in/repetition)
3. [O Soto Gari](#)
4. [Ogoshi](#)
5. [Koshi Guruma](#)
6. [Ippon Seoi Nage](#)
7. [O Uchi Gari](#)
8. [Ko Uchi Gari](#)
9. [Kesa gatame](#)
10. [Kuzure Kesa Gatame](#)

## **Gokyu (Orange Belt, 5<sup>th</sup> kyu)** - 3 months in-grade

Needed to know:

- All Previous Techniques
1. [Ko Soto Gari](#)
  2. [Sasae Tsurikomi Ashi](#)
  3. [De Ashi Harai](#)
  4. [Okuri Ashi Harai](#)
  5. [Ko Soto Gake](#)
  6. [Hiza Guruma](#)
  7. [Tani Otoshi](#)

## **Yonkyu (Green Belt, 4<sup>th</sup> kyu)** - 5 months in-grade

Needed to know:

- All Previous Techniques
1. [Tai Otoshi](#)
  2. [Harai Goshi](#)
  3. [Uchi Mata](#)
  4. [Tomoe Nage](#)
  5. [Yoko Tomoe Nage](#)
  6. [Tsurikomi Goshi](#)
  7. [Morote Seoi Nage](#)

## **Sankyu (Brown Belt, 3<sup>rd</sup> kyu)** - 6 months in-grade

Needed to know:

- All Previous Techniques
- 1. [O Uchi Gake](#)
- 2. [Ko Uchi Makikomi](#)
- 3. [Sumi Gaeshi](#)
- 4. [O Soto Garuma](#)
- 5. [Yoko Otoshi](#)
- 6. [Harai Tsurikomi Ashi](#)

## **Nikyu (Brown Belt, 4<sup>th</sup> kyu)** - 6 months in-grade

Needed to know:

- All Previous Techniques
- 1. [Hane Goshi](#)
- 2. [Seoi Otoshi](#)
- 3. [Sode Tsurikomi Goshi](#)
- 4. [Ura Nage](#)

## **Ikkyu (Brown Belt, 4<sup>th</sup> kyu)** - 1 year in-grade

Refine all above